

**REGISTRATION**

You can also register online at multicare.org

Please register me for the following course:

**Sibling Issues & Training on the Sibshop Model**

**December 2 & 3, 2011**

\$125 / two days     \$75 / one day  
group of 3 or more Discount \$25/person (must register at same time)

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ ZIP \_\_\_\_\_

Phone (h) \_\_\_\_\_

Profession \_\_\_\_\_

Workplace \_\_\_\_\_

Phone (w) \_\_\_\_\_

E-mail \_\_\_\_\_

**Mail registration & payment to:**

Good Samaritan Children's Therapy Unit  
Normajeon McClure , CTU Education Coordinator  
402-15th Ave SE, Suite 100  
Puyallup, WA 98372

or fax to: 253.697.5145

Check (payable to Children's Therapy Unit)  
 Visa     MasterCard     American Express  
 Discover     Purchase order

Card # \_\_\_\_\_

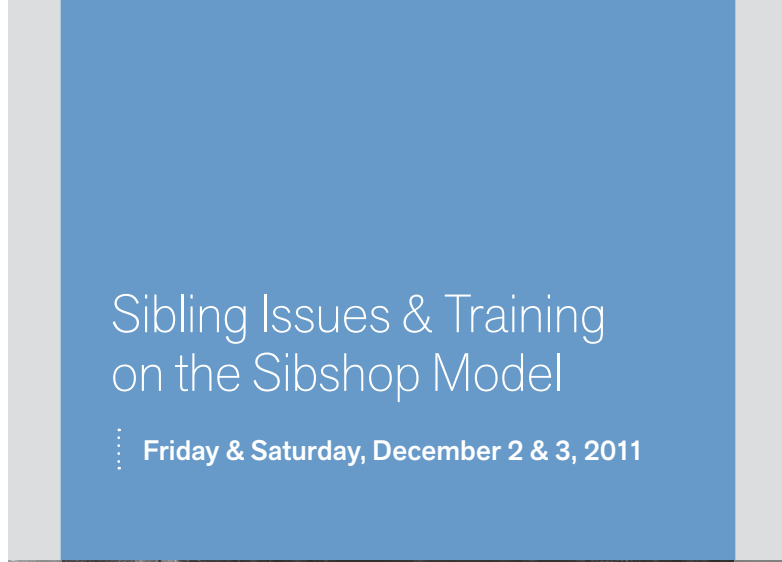
Exp. date \_\_\_\_\_

Signature \_\_\_\_\_

**MultiCare Health System  
Children's Therapy Unit**  
PO Box 5299 MS: 402-1-CTU  
Tacoma, WA 98415-0299

**MultiCare**  
**Good Samaritan**

RETURN SERVICE REQUESTED



Sibling Issues & Training  
on the Sibshop Model

Friday & Saturday, December 2 & 3, 2011



[multicare.org](http://multicare.org)



**MultiCare**  
**Good Samaritan**

Children's Therapy Unit

# Sibling Issues & Training on the Sibshop Model

## COURSE DESCRIPTION

### About the Sibling Support Project

Most of the five million children with disabilities and chronic health impairments have brothers and sisters. Despite a clear need for services and considerations, many brothers and sisters grow up without resources—such as access to support programs and sources of information—that would help them in their roles. Since 1990, the Sibling Support Project has been a national resource dedicated to the well being of brothers and sisters of people with special needs.

### Sibshop Training, Day One:

#### Brothers and Sisters of People with Special Needs: Unique Concerns, Unique Opportunities.

This core workshop uses a lively large-group discussion format to help participants learn about the concerns and opportunities frequently experienced by brothers and sisters of people with special needs. During this workshop, participants share what they have observed in their families or the families they serve. Participants also learn what researchers, clinicians, and siblings themselves say about growing up with siblings who have special needs. Implications for parents and service providers will be discussed throughout the workshop.

### Sibshop Training, Day Two:

#### Demonstration Sibshop

Participating in this workshop is the very best way to learn about what Sibshops are all about. During the Demonstration Sibshop, participants will put on their jeans, T-shirts, and sneakers to join Don Meyer as he conducts a Sibshop for 12 to 20 8-13 year old local brothers and sisters. This workshop provides participants with the materials and know-how they will need to start, plan, and conduct the activities for their own first Sibshop. The Demonstration Sibshop can also be the “kick-off” for an on-going program in the host community. Following the Sibshop, trainees will debrief and finalize plans for creating Sibshops in their own communities.

## GENERAL INFORMATION

- Where:** Children's Therapy Unit  
402 15th Avenue SE, Suite 100  
Puyallup, WA 98372
- When:** Friday & Saturday  
December 2 & 3, 2011  
9am – 3:30pm
- Cost:** \$125 / two days  
\$75 / one day  
group of 3 or more Discount \$25/person  
(must register at same time)
- Credit:** 1 CEUs (10 Contact Education Clock Hours)
- Intended audience:**  
Parents, care providers, educators and clinicians who are involved with children with sensory processing concerns
- Contact:** Normajean McClure  
CTU Education Coordinator  
253.697.5225  
normajean.mcclure@goodsamhealth.org
- Cancellation/Refunds:**  
Full refund of the course registration fee, less \$50 administration fee, will be granted upon receipt of written request post marked 7 days prior to date of class. We reserve the right to cancel any course due to insufficient registration or extenuating circumstances. Please do not make non-refundable travel arrangements until you have called us and received confirmation that the course will be held. We are not responsible for any expenses incurred by participants if the course must be cancelled.
- Registration:**  
Online at [multicare.org](http://multicare.org). Click “Family Care” on top left side, click on “Children's Therapy Unit” on top left side, then click “Classes & Support Groups” bottom of page, or return form.

## COURSE OBJECTIVES

The primary goal is to train new Sibshop facilitators and administrators—that is, adult sibs, service providers, parents, and others want to learn how to run a local Sibshop. During the two days of the Sibshop training, they'll learn about sibs' life-long concerns, find out how to organize a local Sibshop, and experience what a Sibshop is all about. Sibshop facilitator trainees must attend both days of the Sibshop training. Upon completion of the two-day training, they are considered “first-generation” Sibshop trainees and may (upon registration) start their own local Sibshop.

### And here's what workshop participants will learn:

- ✓ What to do about the concerns often experienced by brothers and sisters: peer issues, resentment, loss, and concerns about the future (just to name a few!)
- ✓ How to increase the unique opportunities often experienced by siblings, including compassion, advocacy, insight, and tolerance
- ✓ Strategies to decrease siblings' concerns and increase their opportunities
- ✓ How to help your agencies provide “sibling-friendly” services
- ✓ How to plan and run Sibshops, the award-winning, kid-friendly mix of peer support and recreation

## PRESENTER

Don Meyer has been the director of the Sibling Support Project since 1990 and has conducted more than 300 workshops worldwide, educating parents and providers on sibling issues and the Sibshop model. Because of his trainings on the Sibshop model, there are now over 330 Sibshops in eight countries. Don is the senior author of curricula including Sibshops: Workshops for brothers and sisters of children with special needs; The Fathers Program; Grandparent Workshops and the children's book Living with a Brother or Sister with Special Needs: a Book for Sibs.